The Six (biblical) DS(PLESHP TRATS

Q Framework For Thinking Qbout How We Disciple Teenagers

BY ANDY BLANKS

youthministry360

The Six Biblical Discipleship Traits: A Framework For Thinking About How We Disciple Teenagers

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Ocknowledgments

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Section 1: Why? and Who? and How?

If you're reading this, there's a good chance you're a youth worker. Maybe you're a full-time leader with interns, associates, and a healthy group of volunteers. Or maybe you're a part-time or volunteer youth worker, holding down a career while simultaneously leading your church's youth ministry. Whatever it looks like, there's a good chance you're someone who invests his or her time and energy in the spiritual growth of teenagers. (As an aside, this makes you really, really cool in our eyes, but we digress . . .) And if this is the case, we'd like to ask a simple question:

"Why?"

Why do you do what you do? Why do you put up with the oftentimes ridiculous demands of youth ministry? Why are you willing to do more work for less pay? Why do you subject yourself to the frustration and stress that is an inevitable part of the job?

We think we know the answer to the "why." And we think it's two-fold.

First, we think you do youth ministry because you know it's a calling, not a career. We think you do it because you've seen glimpses of what it looks like when it works. We think you do it because sometime in the (maybe distant) past someone invested in your life and it made a tremendous difference. And we think you do it because you believe that it works: you know that a vivid faith-life is possible for teenagers, and that this shapes their worlds in powerful ways.

But we think the second part of the "why" question can be answered with a similar question:

"Who?"

When you step back and consider why you do what you do, there is always a "who."

There is always a real person. He has a face. She has a name. They have seemingly unlimited potential. They also have very real weaknesses. And through all of it, you are a youth worker because you believe that 1) knowing Christ more and better can make a tremendous impact on their lives, and 2) that their lives can make a tremendous impact on the world. You believe this. It is the ultimate answer to the "why" question.

But there is one more question, and it really is the question many of us find ourselves constantly asking. If you're an observant reader, the subtitle of this section has already tipped you off . . .

"How?"

How? How do we do it? How do we go about shaping teenagers' faith? How do we lead them closer to Christ? What are the methods and philosophies that work? How do we take a discordant group of individuals—individuals with different needs, on different places in their spiritual journeys—and bring them collectively to a deepening relationship with God?

It's a really big question. And one that is admittedly pretty far beyond the scope of a little piece such as this one. However, we think we do have something to say about this. Or more accurately, we think the Bible has something to say about this. And we'd like to share it with you.

It starts with a concept you're no doubt familiar with: discipleship.

But the problem with familiarity is that it can sometimes create ambiguity. We can be so familiar with a concept that we make assumptions about its meaning. So, for clarity's sake, let's take a stab at clarifying what we mean by "discipleship," and let's use this definition to introduce an idea that we think will go a long way in helping you answer the "how" question.

Section 2: What Is Discipleship?

The word discipleship means different things to different people. For some it functions similarly to the concept of mentorship. For others discipleship simply implies programming, that thing we do in our churches where we meet at certain times and eat donuts, drink coffee and Mountain Dew, and study the Bible. Still for others discipleship speaks to a process, a way of becoming more like Jesus. This last definition is what we have in mind when we say the word discipleship.

But even if we land on a common definition for discipleship that speaks to a process, how this looks can vary a lot from church to church. Discipleship is a process. But what does that process look like? The answer is as different as the churches in which it happens. For sure there are shades of similarity, but the process plays out differently from church A to church B, and so on.

Which is why discipleship models can be difficult to prescribe. They are not onesize fits all propositions.

And yet, there seems like there should be a way of thinking about discipleship that has a common goal in mind but allows for flexibility in how to meet that goal. And so with this concept in mind, we began looking at Scripture, reading through the New and Old Testaments alike searching for . . . well, we weren't sure at first. But after a while, we realized what we were looking for.

We began to read the Bible looking for passages that described disciples. We asked the question, "What picture does the Bible paint of people who follow after Christ?" After all, that seems to us to be the truest definition of a disciple: one who follows after Jesus, seeking to live like Jesus did, to abide by His teachings and example, to essentially be Jesus in everyday life. (This is the wonderful concept of imitation Paul introduces in Ephesians 5:1-2.) And when we began to read the Bible in this way, a really cool thing happened. We began to see a clear picture of a disciple emerge.

Section 3: The Picture Of Q Disciple

As we condensed and compiled, we began to see traits or characteristics show up over and over again. Different passages throughout the New Testament spoke again and again to the same basic attitudes. In fact, we were able to identify six of them, six traits that sum up what it looks like to live as a follower of Christ. And during this process, we came to an interesting conclusion . . .

These traits, this picture of discipleship, function as a really cool way to think about the end goal of our discipleship efforts.

As we mentioned in the outset, the process by which we begin to see the evidence of these attributes in our teenagers' lives may look slightly different based on our ministry contexts. We may get from Point A to Point B by a variety of different routes. But the beauty of these six discipleship traits is that they paint a common goal for those of us tasked with leading teenagers in their spiritual growth. The six discipleship traits give us something to aim at, which is important; if we don't have clear target in mind, we most likely won't hit it.

So what are the six discipleship traits? We'll get to that in just a moment. But as we were tweaking the wording and fleshing out the concepts, we realized an introductory statement was necessary. And so, the six discipleship traits are informed by a foundational statement that helps set up the traits. The foundational statement is this:

AS PEOPLE WHO HAVE BEEN TRANSFORMED BY CHRIST, WE . . .

As you can see, this statement assumes a very basic truth, namely that the six discipleship traits are essentially the fruit of a life that has been transformed by a saving relationship through faith in Christ. The wonderful thing about salvation is what happens when the Holy Spirit enters our lives. Working on our behalf, often "behind the scenes," the Holy Spirit is continuously shaping us to be more Christ-like.

This is sanctification. And so, while we have a role to play in growing in Christ-likeness, the extent to which these traits are evident in the life of a Christ-follower is very much a result of the Holy Spirit working in the life of the individual who has been transformed by saving grace. This foundational statement sets up our discussion of the six discipleship traits.

What are these discipleship traits the Bible speaks to? Glad you asked. They are as follows:

- DISCIPLESHIP TRAIT 1: SURRENDER TO A GOSPEL-CENTERED LIFE
- DISCIPLESHIP TRAIT 2: HUNGER TO KNOW GOD
- DISCIPLESHIP TRAIT 3: EMBRACE CHRISTIAN COMMUNITY
- DISCIPLESHIP TRAIT 4: ENGAGE WITH OUR SURROUNDINGS
- DISCIPLESHIP TRAIT 5: DESIRE TO WORSHIP GOD
- DISCIPLESHIP TRAIT 6: INVEST IN MULTIPLYING DISCIPLES

Is it an exhaustive list? Probably not. But as we've worked through this over the last few years, and as we've used them as a framework to teach both teenagers and adults alike, we can say that we've found them to be really effective at painting a holistic picture of a disciple. **And, recall, they all flow directly from Scripture.** The more you spend looking at the traits and thinking about them, we think you'll agree that it's a pretty good visualization of what we want to see in the lives of our teenageers.

Let's look a little more closely at the six discipleship traits.

Section 4: Understanding The Six Discipleship Traits

The purpose of the six discipleship traits is to serve as a framework for our spiritual growth. The traits are a measuring stick of sorts. Hopefully, one of the first things you noticed was that the traits aren't a list of things disciples do. You won't see "Disciples don't covet their neighbors awesome new lawnmower," or "Disciples don't bully the weird kid in the lunchroom." The six discipleship traits aren't a list of actions that we can check off. And conversely, they're not a list of things we avoid. Which is really important.

The six discipleship traits are probably best understood as a list of attitudes or dispositions.

Each one of the six traits is subsequently informed by actions, and in some cases habits. Again, the traits are a biblical "picture" of what it looks like to be a disciple, or a follower, of Christ. It's a definition of sorts, but it's a different kind of definition in that it provides a look at specific characteristics of Christ-followers.

Each trait is unique, and some are a little bit different than you might expect. Below you'll find a description of each trait with just a few of the dozens and dozens of places in Scripture that speak to where we see the trait emerge in the Bible.

The Foundational Statement

AS PEOPLE WHO HAVE BEEN TRANSFORMED BY (HRIST, WE . . . As mentioned, the six discipleship traits start with a foundational statement. Discipleship starts with salvation through Jesus' work on the cross. Jesus died a sinless death in order to rescue humanity from the death that sin rightly earns for us (2 Corinthians 5:21 and Romans 6:23). When we accept Jesus' payment on our behalf by grace through faith, we are transformed (2 Corinthians 5:17). We're not a better version of ourselves. We're something entirely new.

This new life is lived by the power of the Holy Spirit in us, not under our own effort. We can't work hard enough to be good enough. However, Scripture is clear that a transformed life looks a certain way. We *are* called to bend our wills to follow Christ in the way we see it in Scripture. This is where the six discipleship traits come in.

Discipleship Trait I

SURRENDER TO A GOSPEL-CENTERED LIFE

Being a Christian isn't about being a good person. There are plenty of good people in this world. And being a Christian isn't all about what God can do for your students. Being a Christian is ultimately about surrender. It's about us giving up the control of our lives and letting God lead, as He alone is uniquely suited to lead. In place of a life where you're students are at the center, they're called to live a life where Christ is at the center, where the Gospel is at the center.

The Gospel literally translates as the "good news." The good news about Jesus. The good news that we who were once enemies of God have become friends. We who were dead have become alive. The Gospel message is about grace, and love, and victory. As followers of Christ, the Gospel message should be central in your teenagers' lives. Every aspect of who they are should be dripping with the Gospel.

Here are a few passages where we see this . . .

The aspect of surrender:

"If anyone desires to be a follower of Christ, he or she must deny himself and take up his cross daily and follow me. For whoever wants to save his life will lose it, but whoever loses his life for me will save it."—Luke 9:23-24

The Gospel as central:

"For you died, and your life is now hidden with Christ in God."—Colossians 3:3

What Gospel-centered living looks like:

"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity."—Colossians 3:12-14

Discipleship Trait 2 HUNGER TO KNOW GOD

If we aren't careful, we can slip into a God-less Christianity. How is that possible? When we find our actions motivated by working to be "moral" instead of seeking to imitate Christ, that's how. This kind of legalism is often pretty apparent in teenagers (and sadly adults) who are still maturing in their faith. As those leading teenagers to grow in Christ-likeness, we need to help our students move away from legalism and toward a desire to live like Christ. To have His heart. To see the world through His eyes. To serve as His hands. That's what Paul meant in Ephesians 5 when he called us to be God-imitators! But the tough reality is that our teenagers can't imitate God if they don't know what He looks like.

God gave us Scripture not as the proverbial "handbook for life," or as "a love letter," or any of the other well-meaning but misguided ways of describing His Word. The Bible is so much more. God gave us His Word as the primary means of revealing Himself to us. Through meeting God in His Word, teenagers come as close to a face-to-face encounter as they possibly can this side of Heaven. Through prayer, students communicate with God in the intimate conversation of relationship. In these disciplines, and others, our teenagers can know God . . . truly know their Creator! A hunger for knowing God is a vital trait in the lives of His followers.

Here are a few passages where we see this . . .

Q picture of what hungering to know God looks like:

"What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God and is by faith. I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death."—Philippians 3:8-10

Hunger for knowing God through the Bible:

"Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. But his delight is in the law of the LORD, and on his law he meditates day and night."—Psalm 1:1-2

Hunger for knowing God through prayer:

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."— Philippians 4:6-7

"O God, you are my God, earnestly I seek you; my soul thirsts for you, my body longs for you, in a dry and weary land where there is no water."—Psalm 63:1

Discipleship Trait 3 EMBRACE CHRISTIAN COMMUNITY

Christian community is more than just hanging out, something that comes so naturally to teenagers. Relationships are vital to your students' lives. But Christian community is deeper than friendship. Christian community is the God-given space in which we're supposed to live our lives. Over and over again in Scripture, we see God authorizing life done in community. And this community is to be different that mere friendship; it's supposed to take on the character of God, Himself.

As Christ-followers, your students are called to be devoted to one another, with a faithfulness that mirrors God's. (Let that sink in as you think about youth group dynamics!) They're called to commit to growing together in their knowledge of God, enjoying each other's fellowship, praying for one another, and meeting each other's needs. But they're also called to the difficult work of community.

This is the part we often leave out. And yet, it may be the very aspect of community that truly separates us from the rest of the world. As Christ-followers, your students are called to hold each other accountable, not just for the sin in their lives but for righteousness, as well. They're called to bear each other's burdens, to selflessly put others above themselves. Christian community is sometimes messy. (OK, Christian community is almost always messy.) But when we allow our students to fail to embrace it because it's hard, we allow them to rob themselves of the very framework God gave us to make it through this life together.

Here are a few passages where we see this . . .

God authorizing Christian community:

"For where two or three come together in my name, there am I with them."—Matthew 18:20

Q picture of life lived in Christian community:

"They devoted themselves to the apostles' teaching and to the fellowship, to the breaking of bread and to prayer. Everyone was filled with awe, and many wonders and miraculous signs were done by the apostles. All the believers were together and had everything in common. Selling their possessions and goods, they gave to anyone as he had need. Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved."—Acts 2:42-47

More than just fellowship:

"Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted. Carry each other's burdens, and in this way you will fulfill the law of Christ. If anyone thinks he is something when he is nothing, he deceives himself."—Galatians 6:1-3

Discipleship Trait 4

ENGAGE WITH OUR SURROUNDINGS

As Christ-followers, your students are called to engage their neighborhood, their city, their country, and the world in the name of Christ. This is the Gospel in action. (We'll get to the "Gospel in word" in Discipleship Trait 6.) This is compassionate service for the sake of Christ. This is what you may call being "missional," and this is where many youth groups shine, mostly through short term missions and community outreach projects.

But engaging with our surroundings goes beyond mission projects. For your students, engaging with their surroundings means getting to know their neighbors. Yes, it's serving their community, but it's also seeking opportunities to be salt and light in their schools. Sure, it's meeting the needs of the "least of these" in your community and around the world, but it's also seeing themselves every day as God's ambassadors. It's seeing life through the lens of making a difference in the name of Jesus, for the advancement of His Kingdom, and for the glory of His name. Here are a few passages where we see this . . .

Jesus' command to engage:

"But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."—Acts 1:8

The motivation for engaging:

Though I am free and belong to no man, I make myself a slave to everyone, to win as many as possible. To the Jews I became like a Jew, to win the Jews. To those under the law I became like one under the law (though I myself am not under the law), so as to win those under the law. To those not having the law I became like one not having the law (though I am not free from God's law but am under Christ's law), so as to win those not having the law. To the weak I became weak, to win the weak. I have become all things to all men so that by all possible means I might save some. I do all this for the sake of the gospel, that I may share in its blessings."—1 Corinthians 9:19-23

On example of what engaging looks like:

"Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? Is it not to share your food with the hungry and to provide the poor wanderer with shelter—when you see the naked, to clothe him, and not to turn away from your own flesh and blood? Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the glory of the LORD will be your rear guard. Then you will call, and the LORD will answer; you will cry for help, and he will say: Here am I. "If you do away with the yoke of oppression, with the pointing finger and malicious talk, and if you spend yourselves in behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness, and your night will become like the noonday."—Isaiah 58:6-10

Discipleship Trait 5

DESIRE TO WORSHIP GOD

A desire to worship God goes way beyond what teenagers do in "big church" on Sunday mornings. For your students, worship should be understood as simply this: a right response to who God is. Your students' lives intersect with God in many different ways. They encounter Him in His Word. They can think about Him on their way to school. They experience or are aware of blessings from God as they interact with friends and family. They see God in His creation, and so on. When they encounter God in these ways, when they behold Him, so to speak, worship is their response.

If worship is their response to God when they encounter Him, and they encounter God all around them every day, then we can quickly see that worship must go beyond the sanctuary on Sunday mornings! Teenagers can and should worship God in the car, alone, with their thoughts or words. But they can also worship God through the manner in which they conduct themselves at school. They can worship God through corporate praise with your church community. But they can also worship God with friends over coffee, or in how they treat their siblings. A lifestyle of worship is the way a Gospel-centered Christ-follower shows God his or her gratitude. Worship is simply giving back to God what is rightfully His.

Here are a few passages where we see this . . .

Worship is a response to who God is:

"Give thanks to the LORD, for he is good. His love endures forever. Give thanks to the God of gods. His love endures forever. 3 Give thanks to the Lord of lords: His love endures forever." —Psalm 136:1-3

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Worship flows from our hearts:

"Praise the LORD, O my soul; all my inmost being, praise his holy name. Praise the LORD, O my soul, and forget not all his benefits."—Psalm 103:1-2

Worship is also our actions:

"Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."—Romans 12:1-2

Discipleship Trait 6 INVEST IN MULTIPLYING DISCIPLES

There are two types of multiplication we want to see students involved in: Kingdom multiplication and individual multiplication. Kingdom multiplication is evangelism, the Gospel in word. Though we can never limit the Spirit's ability to spontaneously lead people to salvation, the most effective evangelism your students can embrace is "life-on-life." This kind of multiplication is personal. It's your students seeking out the lost in their sphere of influence and inviting them into their lives to see how Christ has rescued them. It's multiplication one person at a time.

Individual multiplication is the expectation that your students will be shepherding younger Christ-followers. As they journey along their personal paths, they are called to travel along with others. The wisdom and understanding your students have based on their time walking with God is to be imparted to others to help their growth. And as these other, younger followers grow, the expectation is that they would in turn engage in multiplying followership through someone else.

Here are a few passages where we see this . . .

Jesus modeling multiplication:

"As Jesus walked beside the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake, for they were fishermen. "Come, follow me," Jesus said, "and I will make you fishers of men." At once they left their nets and followed him."—Mark 1:16-18

Jesus describing discipleship:

"Then Jesus said to his disciples, "If anyone would come after me, he must deny himself and take up his cross and follow me. For whoever wants to save his life will lose it, but whoever loses his life for me will find it. What good will it be for a man if he gains the whole world, yet forfeits his soul? Or what can a man give in exchange for his soul?"—Matthew 16:24-26

The command to multiply and grow the Kingdom:

"Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."—Matthew 28:19-20

Section Five: Q Guide To Measure Growth (Implementation, Part I)

The great thing about the six discipleship traits is that they can be utilized to guide both your teenagers' individual spiritual growth and their communal growth as Christ-followers.

Individual Growth

The six discipleship traits can serve as a roadmap for your students' individual spiritual growth. Each trait is both a call to action and a lens with which to evaluate where your teenager is spiritually. As a call to action, you may lead a teenager to ask,

"What changes in my personal life do I need to make in order to surrender to a Gospel-centered life?"

Or

"What about my attitude is keeping me from desiring to worship God?"

These questions function as calls to action. They should compel our teenagers to want to see the evidence of the trait in their own lives. For example, if we were to use Discipleship Trait 2, "A Hunger to Know God," as a call to action, a teenager might find herself compelled to engage in a more consistent time of prayer, or re-evaluate their habits of meeting God in meaningful Bible Study, or increasing her awareness of where she might encounter God in the world. In this way, the six traits help motivate our students desire to follow Christ.

As an evaluation tool, you might lead students to look back on the past few weeks or months of their life and say, for example, "Is your life reflecting a Gospel-centeredness?" Used as a lens, these traits can help teenagers identify areas in their relationship with Christ that maybe they haven't been focusing on, or haven't truly surrendered to God.

Growing Together

Maybe one of the most powerful uses for the six discipleship traits is that they can be used as a spiritual growth framework for more than the individual. They can be used as a framework for evaluating the spiritual direction of your youth ministry. Placed in the hands of students and volunteers, they almost become a kind of spiritual health checklist. They can be used to evaluate spots in your ministry where you might need to rethink your strategies and practices.

What if you were to ask students and/or volunteers to step back and evaluate how effective your ministry was at leading students to see these traits in their own lives? You might find that you're doing a really good job at leading teenagers to engage with their surroundings. But maybe your students and/or volunteers would say that you could focus more on helping students embrace Christian community. Viewed in this light, the six traits become a really useful evaluation tool for growing toward Christ-likeness together.

Section Six: The Million Dollar Question (Implementation, Part 2)

And so we've reached the point in our brief time together where we begin to ask the million-dollar question: "How"? How do you go about implementing a strategy to see these traits put to use in your ministry? It's a great question; in fact it is probably THE question. While a comprehensive answer it's also outside of the scope of this piece, there are a few ways to begin to think about this.

First, while there are certainly methods and strategies that can and will be prescribed (we'll get to this in a second), in many ways, you hold the answers to the "How" question yourselves. The six discipleship traits are a biblical picture of what a disciple looks like. As such they are a great way for you and your team to sit down and begin to evaluate your current discipleship strategy and to see if maybe you need to pivot, or to re-focus your energy. Simply looking at each trait and asking the questions is a great place to start:

- How apparent is this trait in the lives of our students? Is it present in just a few? Or can we see it active across our youth ministry?
- What can we do to see it more abundantly in those students who are mature in their faith?
- What can we do to see the trait blossom in the lives of our students who are younger in their faith?

We believe that the six discipleship traits can be a great conversation starter for your youth ministry team, and a pretty good guide in enabling you to pursue some deeper spiritual growth in the lives of your teenagers.

Second, we want you to know that if you've made it this far in this little paper, that there is more coming. We're hard at work fleshing out this strategy, talking with an awesome group of youth workers who are sharing the practices and methods

they've used to see these traits lived out in their teenagers' lives. We're developing Bible study content to help you teach teenagers the biblical basis for these traits. And we're brainstorming ways to help your students' parents foster these traits in their homes. We're working on this. And you're going to love it when you see it.

The question is, we suppose, why didn't we wait until we had all this stuff ready? And why are we more or less giving away what we've done so far? The answer is simple: We think the six discipleship traits are a really cool way to think about discipleship. And we wanted to share. We want you to be as challenged by the picture of discipleship as we are. And we wanted you to be able to go ahead and be thinking about how this picture of discipleship can be put to use to guide your ministry vision. Plus we think you're pretty awesome, and we just wanted to share.

Section Seven: What's Next?

As a ministry, we have the incredibly awesome experience of supporting and equipping youth workers like yourself all across the country. Every day, we talk with men and women who are sacrificing their time and energy to make a difference in the lives of teenagers. It's both a humbling and encouraging calling. The Church is facing challenges, for sure. And our teenagers find themselves tasked with living as Christ-followers in a world that is increasingly opposed to the basics of their faith. But through our daily interactions with youth workers, we can say this: God is powerfully at work through you and people like you to raise up disciples who are passionate about following Him. We simply want to say "thanks" for doing all that you do to lead teenagers closer to Christ.

Finally, if you want to stay in the loop about all the cool "six discipleship traits" stuff that's coming, make sure you're signed up for the **ym360** Newsletter. (If you downloaded this from the **ym360** FREE STUFF page, don't worry: you're already signed up to get updates.) If you got this from one of our awesome ministry partners, consider **CLICKING HERE** to head over to youth**ministry**360.com to create a **ym360** User account. You'll be registered to receive updates on the six discipleship traits, plus you'll be able to access our library of free resources.

Thanks for all you do. God bless you and your ministry.

Acknowledgments

We'd like to thank Mark Jenkins for his help in tweaking and thinking about the final language of the six discipleship traits. We'd also like to thank the teenage and adult small groups at Shades Mountain Baptist Church who graciously allowed themselves to be guinea pigs for the implementation of this content.

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